

A message from the CEO . . .

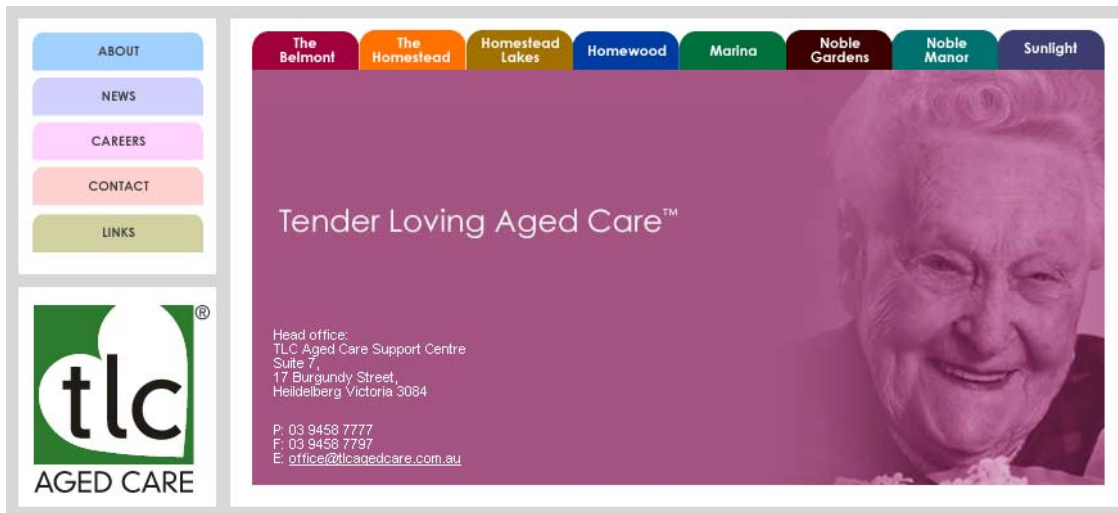
TLC Aged Care celebrated the opening of its eighth home, Noble Manor, located in Noble Park, on Monday, 17th September. The 112 bed home provides a wide range of accommodation to members of the community requiring residential aged care. It complements our existing home in Noble Park, Noble Gardens.

Some other exciting news which I would like to share with you in this report, is that our new website was launched on Monday, 8th October 2007. A working group met over a period of some months to put together a new website which reflects the growth and change at TLC Aged Care. We had assistance from 'The Clinic' who provided technical and design support. I would encourage you to have a look at the website at www.tlchomes.com.au

As part of our commitment to ensuring we keep in touch with the needs of residents, families and staff, Jenny Leaper and I are continuing to visit the homes on a regular basis. Our most recent visit was to Homewood for the official unveiling of their piano, which was donated by the RSL. A lovely concert followed with singing and, of course, piano playing.

I would like to take this opportunity to wish you all a very happy and safe festive season and I look forward to sharing more exciting news with you in 2008.

Ingrid Williams
Chief Executive Officer

Navigation tabs: The Belmont, The Homestead, Homestead Lakes, Homewood, Marina, Noble Gardens, Noble Manor, Sunlight

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THE HOMESTEAD ESTATE

The Combined Newsletter Section for The Homestead & Homestead Lakes

Christmas is coming . . .

Can you believe it's October already!!!!!!
 Twelve weeks left to get organised for Christmas!

The dates for the residents' Christmas parties have been set:

- The Homestead - Afternoon tea
 Friday, 7th December at 2 p.m.
- Homestead Lakes - Afternoon tea
 Friday, 14th December at 2 p.m.



Thank you to all our devoted and hard working staff at The Homestead and Homestead Lakes. You all do a fabulous job, which is much appreciated by management, residents and families.

Residents at The Homestead are enjoying the new flat screen TV, which was installed in time to watch the magnificent Cats win the 2007 AFL Grand Final.

Medirest took over the Food Services at The Homestead on 6th August. The change over went smoothly and the feedback from residents, families and staff has been very positive.

The Alfa Dental Van visited on 2nd October. Many residents had their teeth / dentures examined on site and are scheduled to have follow up treatments. This is a great service to our residents enabling oral and dental hygiene to be maintained on site.

The Annual Testing & Tagging of electrical equipment is due in November. We ask that families please return the permission form as soon as possible.

*Fran Durham
 Clinical Services Manager
 Homestead Estate*



We sadly say, "Goodbye, good luck and thank you," to:

The Homestead

- Marie Ksiazko RN Div2
- Sally Coleman RN Div 1

Homestead Lakes

- Rose Borella RN Div 1

Team Members of the Month

The Homestead

- July: Lisa Burza
 Sandy Tsikkinis
- August: Angela Denneman
 Gerry James
- September: Marg Wheat
 Elaine Buckley

Homestead Lakes

- July: Virginia Connell
 Sandra Beggs
- August: Joan Mayall
- September: Sophie Breese

A well-earned retirement

After more than 31 years of caring for the elderly, Marie Ksiazko, from The Homestead, is retiring!

Marie started nursing at 17 years of age at Heidelberg Repatriation Hospital. She then went to Geelong Hospital.

Marie is married to Fred and has 2 children and 3 grandchildren.

Having worked at Clyde since 1976, Marie then transferred to The Homestead for its opening in December 1994. Marie has also worked as a volunteer at the Geelong Hospital.

Marie loves the Geelong Football Club.

She is always organising something for someone - flowers and cards when a fellow nightshifter was off sick, had a birthday, baby, or another significant event happening.

But when it comes to Marie, the comments are always the same; "Don't worry about me, its not important, I don't need flowers, keep your money you may need it".

Marie is regarded as a very kind and caring nurse - a person who would often comment, "... I'm here to care for the residents".

One of Marie's loves was playing Santa to the Residents and families at the annual Christmas Party.



As well, Marie would organise bags of lollies for any children who might turn up.

She will always be remembered for leaving each Resident with the comment, "You have a lovely day".

Marie will be very sadly missed by all "fellow nightshifters", who don't believe she is just another number.

The Homestead - Latest Staff News:

Welcome to the Team

- Bethany Allan PCW
- Mark Cornell PCW
- Tanya Hinchliffe RN Div 2
- Stacey Hogan RN Div 2
- Amy Horvath PCW
- Jessica McGuire PCW
- Rebecca Ridgeway PCW
- Bernadette Ryan RN Div 1
- Samantha Robinson RN Div 2
- Janette Slater PCW
- Janet Wood PCW
- Emma Worth PCW

Homestead Lakes Latest Staff News:

Welcome to the Team

- Helen Floyd PCW
- Chris Metcalfe PCW
- Julie Dixon PCW Trainee
- Kerrie McCutcheon PCW
- Leigh Stabrya PCW
- Megan Holmes RN Div 1
- Bev Doak Lifestyle Assistant



THE HOMESTEAD

lifestyle@thehomestead

Footy fever

The football season provided a great deal of interest for the residents this year. We have a number of avid Geelong Supporters and for Geelong to make it into the grand final after a very successful year was the ultimate for the residents.

A footy colours day was held involving staff and residents where everyone was encouraged to wear their team colours. The whole facility ended up being decorated with the blue and white of Geelong!

Grand Final day was celebrated as a group in the hearth area. The new plasma TV provided excellent viewing for all.

Preparations are now being made for the Spring Racing Carnival. Given the Equine Flu problems, we hope at least a few horses will be available for the gallop!

Then the lead up to Christmas begins - with the Residents' Christmas Afternoon Tea being held on 7th December at 2.00 p.m. Please return the forms to let us know you will be joining your family member for the party.

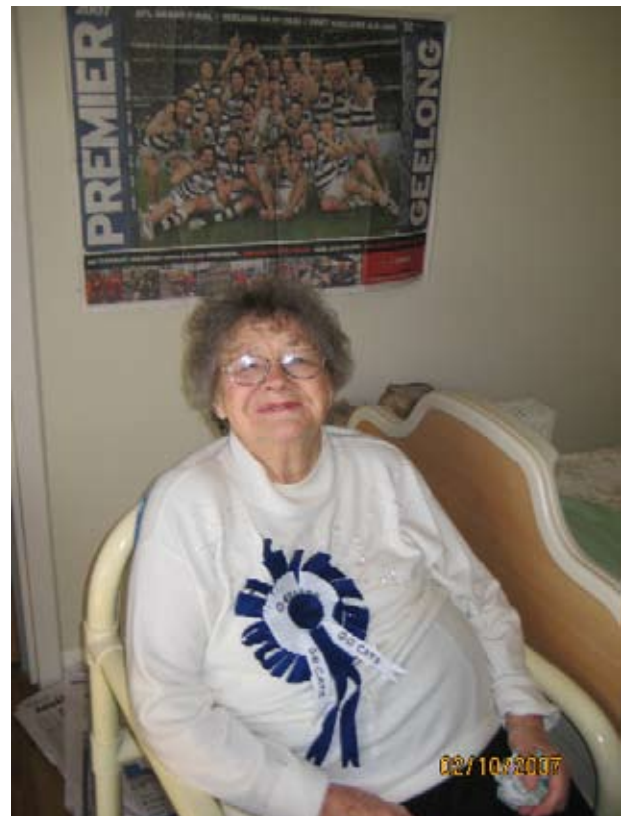
A group of residents are busy making wall hangings and we hope to have these on display ready for the Christmas Party.

Until next time, keep fit and happy.

*Activities Department
The Homestead*



Favourite Footy Colours Day



*Norma Danger
happily shows her 'true colours'*



HOMESTEAD LAKES

lifestyle@homesteadlakes

The mighty 'Cats'

The win by the Cats was the highlight for September.

Residents continue to socialise, go on outings, indoor bowls and play bingo.

Our residents have had visits from Eye Care 2 U and Alfa Dental. This has enabled many residents to have their vision tested and teeth / dentures examined.



Football fever at Homestead Lakes

Dorset & Suffolk News

As part of a community service, students from Wallington Primary School visited us weekly for 6 weeks.

During this time, students of various ages would entertain with some singing and then mingle with the Residents exchanging stories. The students would bring along their favourite games, craft pieces and family photos to share with the residents.

Both students and residents thoroughly enjoyed this activity.

The teacher involved mentioned that when they would leave the facility the students would speak fondly of their experience that day and each week there were some more names on the list to visit.



A visit to Van Loons Nursery and cafe was enjoyed by all

Homestead Lakes 'Resident of the Month'

- July: Merl Ford
- August: Peter McQuillan
- September: Estelle Heather



THE BELMONT

Thank you for the warm welcome!

Hi, this is my first message as Clinical Services Manager at The Belmont. It has certainly been a very busy time for me as I settle in and I would like to take this opportunity to thank all the staff, residents and families for making me so welcome.

The new Nurses' stations are finally up and running – we are at present converting the old Nurses' Station into a meeting room for RN Div 1 staff and GPs while the current Div 1 room at the front of the building will convert back to a meeting room and work area for Administrative and Allied Health staff. It has been a challenging time during all these renovations and again I thank staff and residents for their patience.

Our new Team Leader, Lois Robinson, has commenced and I take this opportunity to formally welcome her to The Belmont – welcome on board Lois. A number of other staff have moved on and a number have commenced – good luck to them all.

Probably the major source of conversation of late here in Geelong has been the Cats mighty victory in the Grand Final. The Belmont (along with the rest of the city of Geelong) certainly caught a huge dose of "Footy Fever".

This is a highly contagious disorder which eventually affects both physical and mental aspects of the victim's life. Normally sensible people are seen wearing strange outfits with all combinations of blue and white adorning them; people whose normal taste in décor is pastel shades and muted decoration begin to prefer walls covered in pictures of Gary Ablett and all things blue and white; conversation begins to revolve exclusively around the state of someone's 'wonky knee' or 'gammy hammies' and memories of times gone by are revisited and slightly embellished.

All joking aside, it has been a grand time for all the Geelong

supporters and the folks at The Belmont have certainly enjoyed the footy season this year.

There have been a number of improvements at The Belmont such as, amongst many others:

- Improved Lifestyle Programme including extra hours in the Sundowners Programme in Duggan unit, revised Activities programme, instigation of a Resident Newsletter, new animals (budgies, fish and love birds)
- New electronic beds for all rooms
- New photocopier
- Cupboards built and storage bench being built for the Dementia Area
- New Arjo Lifting machine
- New digital camera for staff and resident photos
- New motor unit to assist with moving trolleys



*Michael Murphie
Clinical Services Manager*

Team Members of the Month

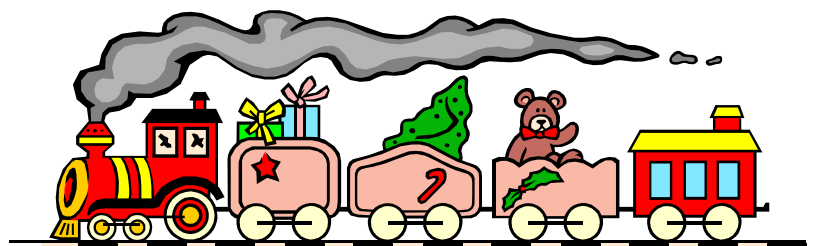
July
Raelene Abbott

August
Heather Schwennesen

September
Jane Mills

The Belmont Residents' Christmas Party

At 2.00 p.m. on
Wednesday, 19th December 2007



Out and About

Residents at The Belmont have been enjoying the September weather with a variety of outings. Some of these outings included:

- the ladies' group searching for their favourite coffee shops
- exploring the Mill Market antique store
- investigating the Ford Museum
- singing along at Buckley's Morning Melodies
- members of The Belmont walking group venturing on walks along the Barwon River.



The first picnic lunch for Spring was held at the Eastern Gardens, with the kitchen providing a delicious selection of sandwiches, fruit and cake. Despite the hair rustling winds, residents thoroughly enjoyed the picnic and are looking forward to the next.

Football Tipping

Footy fever hit The Belmont hard, with a major attraction being the football tipping! With 24 residents involved, the Lifestyle Team were extremely busy each Friday collecting the footy tipping sheets. Then, on Mondays, the results were transferred onto the scoreboard and new tipping sheets distributed.

Thank you to those residents who assisted with marking the tips - it was a big help to the Lifestyle team.



On 3rd September, the Lifestyle team tallied up the final scores and had the tipping ladder placed. On Monday, 10th September, the winners were announced!

1st place	Ian Crompton	115 points
2nd place	Les Allen	114 points
3rd place	Don McLean	113 points

Congratulations to all involved - it was a **very** close game!

Music Therapy in Duggan

Music therapy is a big part of life for residents in Duggan. A variety of music has been enjoyed by residents, including sing-a-longs with visiting entertainers, as well as with Jane Mills, Lifestyle Assistant, who plays old favourites on the organ. Listening to the songs they grew up hearing stimulates many of the residents to join in.



Baroque music is also played in Duggan to aid relaxation. Here we have Mr Bill Wyatt and Jane dancing to some old time classics.



Introducing . . .

From this newsletter on, I would like to introduce you to a Marina staff member and for my first attempt I have chosen Jodee Lorenzon.

Name: Jodee Lorenzon

Nicknames: Boo, Oomie and Jodes

Position at Marina: Team Leader Neptune



Jodee began working as a PCW in April 2003, was promoted to Div 2 September 2006 and to Neptune Team Leader a few months later.

Dream destination: A place that is relaxing, the availability to go shopping, to sit in the sun and surf – at this moment I am thinking of Phuket.

Useless fact: It takes a lot of nerves to frown and only 1 to smile.

When I was a kid I was definitely a bit of a trendy and still am. My favourite singer is 'Pink.'

Most valuable advice ever received: Treat others as you would like to be treated yourself; Don't leave home without clean undies.

Most people don't know I have some tattoos in some very interesting places!

Accreditation visits:

We are expecting another Support Visit on 25th October. It was pleasing to see that we have shown continuous improvement following a visit made on 18th August.

Special Events:

The Intergenerational Play Group Official Opening took place on 31st July. This was featured in The Age and Leader Newspapers.

A reminder that the Carols by Candlelight will be held this year on 19th December, so put it in your diary now. This is an event not to be missed!

Jane Elliott, CSM



Marina Christmas Parties, commencing at 12.30 p.m. for lunch:

Beach - Monday, 10 December / Seascope - Tuesday, 11 December / Pacific - Wednesday, 12 December / Atlantis - Thursday, 13 December / Neptune - Friday, 14 December

With thanks and congratulations to our Team Members of the Month:

July Sue Collier, Rhonda Waterworth, Cheryl McSwain, Gina Skoric
 August Sue Taylor, Ah See Mee Lau Nan, Jodee Lorenzon, Serge Haidutschyk, Kali Bavage
 September Helen McLeod, Felipe Garcia, Kellie Montgomery, Kate Mitchell, Tara Stafford

Welcome to the following new employees, who have joined the Marina team:

- Rachel Haluszczak RN Div 2
- Jovelyn Nacor RN Div 2
- Genoveva Paleracio RN Div 2
- Nu Nu Zingca RN Div 2
- Tigist Abebe PCW
- Kellee Bunt PCW
- Vlasta Capelja PCW
- Analiza Lim PCW
- Kathleen Seneviratane PCW

I would like to take this opportunity to wish them well and hope they find the challenges of being a Marina team member rewarding.

Jane Elliott



Congratulations!!!

Lois and Ronald Johns celebrated their 60th Wedding Anniversary

Farewell ...

Dianne Skew, Team Leader, Atlantis. Dianne was with Marina for three years and is moving on to a newly created position in aged care. She was farwelled by staff and residents over a combined morning tea and happy hour. We wish Dianne every success.

Thank you to the catering staff for a magnificent pineapple sponge cake.

Christmas is just around the corner ...

Welcome to the last edition of the 'TLC Times' for 2007. A very special welcome to all our new residents and their families.

Taking our residents to new heights! Eureka Tower, 88 stories high and only 30 seconds to reach the top - in the lift, that is! The only disappointment according to the residents was they didn't strike gold. They did, however, enjoy seeing Melbourne from the totally different 180° perspective.



Marina had the pleasure of hosting St Margaret Mary's Primary School, to help the students gain a sense of local history. Many residents were more than happy to oblige, with James Taylor giving a historical talk (with props) on how "Timeball Towers" came into being and, in particular, the one he helped to restore in Williamstown.



The children then sang a song for our residents and handed out the lovely bookmarks they had made.

World Alzheimers Day - was celebrated at Altona Civic Centre, with many dementia residents from Hobsons Bay aged care facilities combining to produce the artwork on display. Of course, a fantastic display from Marina's finest artists - so good, in fact, that our local paper featured Vincent Micaloff and his drawing.



Our playgroup children are certainly growing up fast and, of course, are still as cute as ever.



September just wouldn't be the same at Marina without the animals, families, friends, lollies, popcorn, icy poles, etc. A great time for sharing together and having fun - even bringing all indoors when found to be too cold outside for our residents!

And, as for the staff, they had no problems clowning around.



Residents have been enjoying all the regular activities - quiz time, reminiscence, happy hour, Tai Chi, craft, cooking, McDonalds, Church, hymn singing, rosary, board games, playgroup, bus drives, physiotherapy, sing-a-longs. Our concerts have included Victor and Graeme, Derek Redfern, Jo, Williamstown Minstrels, Jennifer Degeneaz, David Holmes, Graeme Howie, Westend Singers, Stephen Farquar, etc., etc. ...

Over the past few months mens' group and rosary have been introduced. Residents have also managed to get out and about, visiting such places as Newport, Senior Citizens, Ajays Restaurant, Werribee Bowling Club, Moonee Valley Racecourse, Westside Hotel, Werribee RSL, etc.

As part of Seniors' Week, our residents went to see a live performance of Kamahl - the man who made famous the words, "Why are people so unkind?"

The Lifestyle Team are gearing up for the Family Afternoon, Saturday 25 November, 12 noon to 4 p.m. As well as residents selling their Christmas crafts, there will be a sausage sizzle and lots more.



THE NOBLE ESTATE

The Combined Newsletter Section for Noble Gardens & Noble Manor

Exciting times in Noble Park

What an exciting time it has been here in Noble Park since last time I wrote!

The major excitement has been the opening of Noble Manor on 17th September 2007. At approximately 10.30 a.m., twenty-four residents from H L Williams in Springvale arrived at Noble Manor to begin a new life in this beautiful facility. They had visited with their family and friends prior to this to view their new abode and to familiarize themselves with their allocated bedrooms, dining, lounge and activities areas.

The 'oooohs' and 'aaaahs' were deafening as they chattered about the colours of the décor, the furniture and the developing gardens. Of course, it will take time for all of them to settle and accept this as their home but already the overall response is one of great happiness and laughter.

The most prolific comment since the opening has been how wonderful the Care Staff are and that nothing is too much trouble ... and that they spend time for the little things.

Mary Cannon told me that she wasn't 100% sure of where the facility actually was but she felt she was living in a castle and it was very 5 Star.

My heartiest congratulations and thanks to all the TLC staff who have supported the birthing of this magnificent Aged Care Facility, which will be used as a benchmark for excellence in this industry into the twenty-second century.

Cherie Mills, RN Div 1 / Team Leader Kensington, has played a very strong and supportive role and her influence and true commitment to TLC and Noble Manor has been exemplary.

Cherie has most recently been in the acute system and education, although she did commence her Aged Care experience in 1996 at the Kingston Centre, which has given her such a good strong grounding in the Gerontic specialty.

Cherie's bubbly personality and effervescent laughter is already making a huge positive influence on all she communicates with over her very busy day.

Gradually, over time, I will introduce staff to you from Noble Manor through Team Member of the Month but, for now, will suffice to say that a very warm and positive professional team is developing.

Staff at Noble Gardens have been so supportive to their fellows at Noble Manor and I thank them very much for their input.

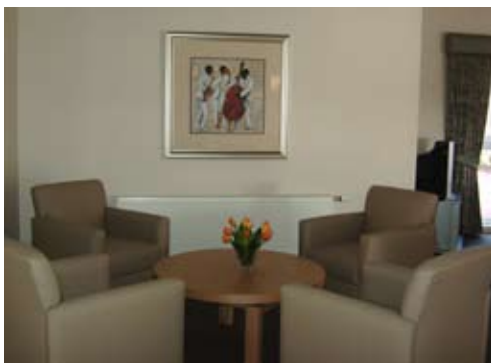
As you will all be aware, the Accreditation and Quality Systems in Aged Care are consistent across all facilities but they are not prescriptive. With so many staff coming from other aged care providers, many need to be introduced to the TLC systems and processes. It is in this role that the support has been provided and is ongoing from Noble Gardens staff.

As the Clinical Services Manager it was inspiring to see so many committed, loving people working together as a team to build a culture of love, care and excellence for our residents.

*Clare Dyer, CSM
The Noble Estate*

news@thenobleestate

Some photos of the magnificent Noble Manor . . .



Latest Staff News from Noble Gardens:

Team Members of the Month

- ♥ July Mirsada Dziho
 Nazreen Bibi
- ♥ August Mary Singh
- ♥ September Tracy Braybrook
 Kellie Clymo

Birthday Wishes for Someone Special?

Do you have someone you would like to wish happy birthday to? Send your birthday message to **office@tlcagedcare.com.au** and have it featured in the next TLC Times!



NOBLE GARDENS

lifestyle@noblegardens

Friendship and fun . . .

Looking at our Noble Gardens residents, I have realised the friendships and bonds that many have formed with one another. These friendships are encouraged and supported by the Lifestyle Team through activities. We not only encourage residents to meet and mix with new people coming into Noble Gardens but we encourage existing friendships, ensuring they are maintained and continue to blossom. Residents' friendships are observed on outings (when residents ask to go out with a specific person or persons), through special teas, 1:1's and it is most evident when residents take an interest in asking about a fellow resident who is unwell.

As a quote states, "Friendship is a special treat that makes our lives especially sweet".



It is a very special feeling to work in an environment where residents care so much for one another. Thank you to the residents of Noble Gardens for being the special people they are.

The Lifestyle team of Noble Gardens farewelled Sue Beach at an afternoon tea on Friday, 21 September. On behalf of all at Noble Gardens, we wish Sue all the best in her future endeavours.

On that note we welcome Carol Leyton. Carol is currently studying Certificate 3 in Lifestyle and previously worked at Noble Gardens as a personal care worker. Welcome on board Carol.

The residents of Noble Gardens have many external entertainers visit to offer their talents to listen to and for observation. We have had Scottish dancers come in and perform, with many female residents pleased watching the men in kilts! The Scots Glen Choir Singers were fantastic, singing such songs as, "What a Wonderful World" and "Always look on the bright side of life".



Recently, residents had the opportunity to shop from the comfort of their home, with visits from "Perennial Clothing" and "All the Rage" (knick knacks).

Thank you to all the residents for participating in this year's footy tipping competition. The winners from each area were:

- Gardenia Unit - Thomas Prestt (Essendon supporter)



- Jasmine Unit - Les Edwards (St Kilda supporter)
- Rose Unit - Jack Cummings (Collingwood supporter)

The winners of each area were presented with a cap of the team they support. Well done guys!!!

*Maria Agriapakis
Lifestyle Coordinator*



**Residents'
Christmas Party**

Wednesday 19 December
at 2.00 p.m.



NOBLE MANOR

lifestyle@noblemanor

Flowers, flowers everywhere

Dear residents, families and friends . . .

Welcome to the first submission for Noble Manor to the 'TLC Times'! It has been a very exciting and busy time for everyone here at Noble Manor since our first residents came to their new home on 17th September.

The Kensington Wing has a real Spring theme at the moment. Armfuls of flowering jasmine, climbing yellow roses, daisies in white, yellow and pink, plus other beautiful flowers, have been brought in by staff.



Residents who feel inspired to do so can make their own floral arrangements to decorate their rooms or to put on the dining room tables.

Some residents have been on an outing to Garden World to meander through the stunning displays of orchids, succulents, bonsai, bromeliads, cacti, carnivorous plants, fossils, crystals and lots more! A cuppa was then enjoyed in the cafe. This activity was repeated during the following week so more residents were able to enjoy the spring experience.

Residents in Kensington are enjoying the nurturing hand massages from our Aromatherapist, Claudia. They find it very relaxing.

Each month a Library afternoon is scheduled, with the mobile service provided by Dandenong Library. Residents can go along to the Activity Room and borrow a book of their choice.

On Wednesday, 10 October, the Noble Manor Matinee program began, with the award winning visual and musical masterpiece, 'The King and I', starring the unforgettable Yul Brynner and Deborah Kerr.

All in all, residents loved the bus trip for community singing - especially Muriel and Mary who were given the microphone. Who would have thought these ladies could sing with such gusto!

The shopping trip was also greatly appreciated. To those residents who haven't tried out any of our regular groups yet - you are welcome any time.

Whether it is art, Stretch and Balance exercise sessions, Brain Teasers or anything else, no experience is required. It is all for fun, wellbeing and friendship. Please come along!

A weekend Lawn Bowls tournament is also soon to begin. Anyone interested should let me know, please.

*Penny Anderson
Lifestyle Coordinator*

Residents' Christmas Party



Tuesday
18 December
at 2.00 p.m.



HOMewood

Busy times at Homewood

The last few months have been very productive. As well as continuing with our recruitment of skilled staff, we have had a scheduled Support Visit from the Standards and Accreditation Agency. The Assessors spoke positively of the care we are delivering to our residents. I would like to thank all the staff and residents who helped us during the visits especially the Administrative staff, who are the first port of call.

We are increasing the number of Transition Care Residents at Homewood. These are residents who, following their stay in the acute sector, require more time and support in a non-hospital environment to complete their healing. Currently, we have approximately 22 Transition Care residents. This presents opportunities for our staff to learn more skills and the chance to mix with staff from the acute care sector is appreciated.

We have had a number of changes with Renju, Wanda and Carol, the Division 1 staff, going on extended leave in October and Nancy, Team

Leader, returning from six weeks leave. Margaret, our Resident Classification Nurse, will also go for six weeks leave. We have two new Division 1 staff, Josephine and Anthea, joining our team. Ian, our Maintenance Officer, is also going on a short leave, his job will be undertaken by the staff from Noble Gardens.

I would like to thank all our staff for the good work they do for our residents. Especially the support they provided to Sarah when she was team leader during the time Nancy was away. Sarah did a great job and we all thank her for the effort, I hope that this will assist in her career.

Lastly, I would like to thank TLC, for agreeing to provide educational support to Ana Marie to undertake her training as a Division 1. We have some very good staff at Homewood and TLC is willing to help us develop their skills.

*Andrew O'Connell
Clinical Services Manager
Homewood*

Residents' Christmas Party

Wednesday, 12 December
at 2 p.m.



Latest Staff News:

Congratulations to
Team Members of the Month

♥ **July**

Vanessa Varga
Margaret Ould
Charlotte Vissenga

♥ **August**

Susan Cattle
Natalie Peters

♥ **September**

Sarah van Oirschott
Michael Nkoju
Handriecks Chidzanja



Pink Ribbon Day

22 October 2007

As many readers of the 'TLC Times' may remember, our Director, Jenny Leaper, successfully fought breast cancer after being diagnosed in October 2005. Jenny now channels some of her many energies to supporting the National Breast Cancer Foundation. She often speaks to groups about her journey with breast cancer.

The funds raised through Pink Ribbon Day will enable the NBCF to:

- ♥ Fund breast cancer research
- ♥ Help those affected by breast cancer right now, by offering support services to help them and their family through their cancer diagnosis and treatment
- ♥ Educate women to be 'breast aware'.

Jenny will celebrate being two years cancer free on 24 October 2007. She would like to thank you for your continued support of her journey.

lifestyle@homewood

Footy, meat pies and magic!

As I write this, the Footy Season has just ended and what a time we have had at Homewood. Of course, the season started with a Tipping Competition, thanks to Debbie, Lifestyle, and Kim, who is doing a course with us for school. However, as the season continued the excitement grew and by mid-September we all had Footy Fever.

Happy Hour for September became 'Footy Special' with pies, hot dogs and large quantities of tomato sauce. Residents wore footy scarves and beanies, clothing in team colours and even carried flags, which they made at art and craft. One resident gave us a wonderful rendition of the Collingwood song, but perhaps it just wasn't quite loud enough! Pictured with his prize is Cecil Burgoyne, the winner of the footy tipping. Congratulations Cecil!



July was a time for some entertainment with a difference. Residents were both mesmerized and mystified by Frank, a young magician.

One male resident, on being told we were having a magician, said, "Oh, I've seen all that before!" However, he did come along, "To have a look." Everyone was thrilled and delighted with the performance, with even our slightly sceptical resident admitting he had a wonderful time.



Not all of our activities are of the, "being entertained" variety. We are about to start a new quiz, and have recently commenced a netball type of game, which is proving to be quite enjoyable. Bottle tops and "Hoi" are other, well attended, activities.

Pancake making was recently on the schedule with a wide variety of toppings to tempt the taste buds.

An update on last TLC Times - our piano has been tuned and the 'Dedication Ceremony' was held on 11 October. This is one more asset Homewood is able to offer residents, families and guests. Thank you to the Dandenong RSL for their very generous donation!



The woven collage, which, our residents have worked so hard to finish, is in its final stages and will soon be hanging in the "piano area."

Christmas! It is coming!!! Homewood's Christmas party will be on Wednesday, 12th December 2007 at 2pm. We hope you can join in the celebrations with your family member.

'Til next time...

Chris Entwistle



Seen here are some of our residents taking part in the exercise group, which always draws a large crowd

A time and place to relax and enjoy

Spring is such a lovely time here in Whittlesea. We are having beautiful, clear, warm days and cool evenings. Flowers are blossoming and all the trees are fresh with new green leaves.

Here at Sunlight things are blossoming as well. In the Robert's Unit the relaxation room is being decorated, due to the overwhelming generosity of families and the fantastic efforts of the staff fundraising. We have started to decorate and buy equipment for the room, which is already being enjoyed by the residents.

Families have donated items such as lamps and virtual fish tanks. A 'Guess the Jelly Beans' competition was held and lucky staff member, Sandy Thomas, won the jelly beans. A 'Buy a Square' game was held on the day of the staff and family footy barbeque.

Many local businesses and staff donated the goods and over \$200 was raised. We all enjoyed the lovely lunch. Thank you to all who put in a lot of hard work to make the day a success and a special thank you to Deborah Wheatley, Team Leader of Streeton and Roberts.

We have a huge raffle, donated by Bundoora Priceline Pharmacy, at Reception and all funds will go to the relaxation room. Come in and try your luck.

We have also enjoyed the company of the children from the local schools as they come on community visits.

The good weather has also allowed us to get out and about in the bus and enjoy the countryside.

Congratulations to Anita Sanderson, one of our staff members, who became a granny for the first time.

One of our Streeton residents, Keith Davis, was recently honoured by the Masonic Lodge for 57 years of loyal service.



Keith attended a lunch in his honour and received a life achievement award. Congratulations Keith!

*Amanda Roks
Clinical Services Manager*

Latest Staff News:

Team Members of the Month

July: Jacky Robinson
Rodelyn Moran

August: Vanessa Nevins
Wendy Owen

September: Tanya Jerabek

Residents' Christmas Party

Wednesday
12 December
at 12 noon



Spring is in the air . . .

Gosh, Spring already! What happened to Winter?!? Butterflies fluttering, rabbits scurrying, sea of colour about us and fragments in the air. Ah! At long last, spring is here, tempting us with warm sunshine to venture outside, to feel the promise of what is to come. I've noticed an extra spring in some residents step and some fun bantering going on.

Sunlight residents were like squirrels in autumn and were so busy they didn't notice when spring poked its head around the corner. We were lucky enough to be visited by some wonderful entertainers during the cold months, including the popular "Monash Aires" and, new to us, Gary Meldrum, who was absolutely fantastic. Gary's 4-year-old daughter nearly stole the show with her voice rewarding us with songs from days gone by.



Resident, Phyllis Mellor, entertains

A visit to Epping Plaza for lunch included lots of window shopping, and time spent in the centre's pet shop.

Kinglake Seniors once again graced us with a invitation to join them for a game of carpet bowls, followed by their enormous and luscious afternoon tea. Our yearly "secret auction" was

once again a huge success, with gifts ranging from \$1.00 to \$15.00 being auctioned. There were plenty of laughs and 'oohs' and 'aahs' when parcels were opened.

The RSL has continued their support to the Returned Servicemen and the afternoon teas are scrumptious. But, be warned, women would blush hearing about the antics of these gentleman during the war. "All harmless", they say with grins on their faces.

A visit to Kilmore Rose Farm was a great success, even though someone didn't realise roses don't bloom until October. How was I to know? I'm no gardener, as you have probably guessed! Anyway, the beautiful afternoon tea, lots of reminiscing and laughter saved the day.

Several residents enjoyed an afternoon at River's Garden Nursery, wandering the aisles full of remarkable giftware and plants. Everything was exceptionally well displayed and definitely a place to shop for those hard to buy for people. Our resident gardener was in his element and we suggested perhaps he should leave his wallet at home next time. An answer of, "Leave me alone, I'm having the time of my life," said it all. To finish the day, residents sat on the patio surrounded by a large pond with ducks swimming around while enjoying Devonshire teas. It was surreal and definitely will be on our "to do again list".

Four care staff and a friend

ventured out to accompany our young resident to ten pin bowling one evening. It was a fun night for all and the resident has been asked to source a place of interest for next month.

Whittlesea primary visited the residents for song, poetry and story telling. It left the residents tired but fulfilled with smiles on their faces and a glint in their eyes. As one resident said, "Couldn't you just eat them?"

Last, but not least, Sunlight residents and staff had a fun pre-Grand Final BBQ. The Adam Greaves trophy was presented to the winner of the football tipping competition, as well as there being lots of fundraising for the Robert's Wing "white relaxation and sensory room".



So, 'til next time, smile lots and laugh often.

*Yvonne, Simone & Sandy
Lifestyle Team*



SUPPORT CENTRE

Meet the TLC Resident Financial Services Team

We would like to take this opportunity to introduce you to our Resident Financial Services Team at the Support Centre.

Headed by Isabelle and assisted by Jennie, Sharon and Helen, part of our role is to provide you with smooth, trouble free billing.

This month we would like to highlight our easy 'Pay Plan' which allows for automatic payment of your accounts through our direct debit system.

When you take up the 'Pay Plan' option, we will continue to send you a monthly invoice/

statement advising you of the amount due and the date that your nominated bank account will be debited.

This service does not incur a monthly charge from your financial institution, so if you are currently paying for Money Orders or Bank Cheques you may wish to take advantage of this service.

Please feel free to contact either Jennie or Sharon at the Support Centre if you wish to discuss the 'Pay Plan' option further.



Isabelle



Jennie



Sharon



Helen

Staff Profile: **Alistair Henderson** Business Development Manager, TLC Aged Care

Place of birth: Lincolnshire, England, but my father was born in Scotland so ... I'm Scottish!

My family: Wife, Karen, works with the Royal District Nursing Service. We have two boys, Johnathon, who is 16 years old and on "L" plates – driving us everywhere, and Stephen, who is 9 and a future basketball champ.

After Hours: Basketball - coach of the mighty Under 10 Eastern Eagles. Occasional golf. Long drives with family.

Useless information: In 1977 I won the Western Australian "Coca Cola" Yo-Yo State Championships and as a prize went on a 4 week South Pacific cruise.

My career so far: After high school I worked in the family farming business for about 15 years before moving to the city to begin work in management consulting. A move to Melbourne in 2001 saw us settle in Mooroolbark working with Swinburne and RMIT Universities before becoming involved in residential care in 2003. Without doubt, the move to TLC Aged Care in May of this year has been the best career move ever.



Mr Joseph (Joe) Sellwood

24.01.1911 - 18.10.2007

Thursday, June 7 and Friday, June 8 were exciting days for The Belmont and, in particular, Mr Joseph (Joe) Sellwood.

Joe was visited by Channel 7 Sports Reporter, Sandy Roberts, Geelong identity and media personality, Bob Davis, and a full camera crew from Channel 7. Then the following day saw Georgie Pilcher from the Herald Sun arrive for an interview.



The Channel 7 camera crew setting up to film the interview

The purpose of the visits were to interview Joe about his beloved football club, Geelong. At that time, Joe Sellwood was the oldest premierships winning past player in Australia, having played in the 1937 Grand Final against Collingwood. The final score was 18.14 (122) to 12.18 (90) and Joe was named as one of the best on ground for the day.



The Cat's 1937 team pose for the camera just before the big game

Sandy Roberts and Bob Davis spent over 2 hours speaking with Joe and were suitably impressed by Joe's depth of knowledge and stories of the teams and people he has played against.

When asked if he would prefer a 100th birthday telegram from the Queen (in 4 years time) or to see Geelong bring home another premiership, Joe had a confident reply ...

"I'll do both. Geelong can bring home the premiership this year and I'll get the telegram in 4 years."

The Herald Sun printed a glowing article celebrating Joe's achievements.



Mr Joe Sellwood with Sandy Roberts, Bob Davis and Alistair Henderson (TLC)

Until next time ...

Alistair Henderson
Business Development Manager

TLC Aged Care would like to pass on their sincere condolences to the family of Mr Joseph Sellwood, who passed away on 18 October, 2007. Fortunately, Geelong were able to give Joe the joy of another Premiership.

If you would like to contribute to our newsletter, please email any content or ideas to office@tlcagedcare.com.au

‘Forest Lodge’ is underway . . .

With the completion of Noble Manor, construction has now commenced on the next TLC Aged Care home.

Here are some excerpts from the 13 September 2007 Media Release:

Building works have commenced on TLC Aged Care’s Forest Lodge Residential Aged Care home in Frankston North bringing much needed aged care facilities to the region – and an employment boost.

Located in Stringybark Crescent, the residential aged care home has a building permit for 180 beds.

TLC Aged Care Chairman, Dr John Leaper announced today “of these 180 beds, we are planning to make more than 100 available for concessional Residents, or available to Residents who receive an income support payment or meet other concessional Resident criteria.

“We’re thrilled that works are now underway. Our sights are set on completion of the property by the end of 2008. It’s great news that we’ll be able to provide a home for so many elderly residents from Frankston and surrounding areas,” he said.

“We’re grateful for the support and commitment of Frankston City Council representatives who we met with again last week,” said Dr Leaper. Council representatives toured a recently completed TLC Aged Care home in Noble Park to get an idea of the style, design and functioning of a property similar to that of Forest Lodge.



Contact Details - TLC Aged Care Homes

		Phone:
The Homestead	22 Homestead Avenue, Wallington, Victoria, 3221	5250 1188
Homestead Lakes	33 Homestead Avenue, Wallington, Victoria, 3221	5250 5347
The Belmont	235 High Street, Belmont, Victoria, 3216	5243 9342
Marina RAC	385 Blackshaws Road, Altona North, Victoria, 3025	9318 9944
Noble Gardens RAC	55 Thomas Street, Noble Park, Victoria, 3174	9548 5177
Noble Manor RAC	33 Frank Street, Noble Park, Victoria, 3174	9558 4611
Homewood	8 Young Road, Hallam, Victoria, 3803	8795 7825
Sunlight RAC	43 Laurel Street, Whittlesea, Victoria, 3757	9716 3801

QUESTIONS? COMMENTS? FEEDBACK?

TELL US WHAT YOU THINK OF OUR NEWSLETTER! WE WELCOME ALL FEEDBACK.
 DIRECT ANY RESPONSES TO: office@tlcagedcare.com.au

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