

## New beginnings

The Official Opening of Forest Lodge took place on 22nd September 2009, just over a year after it was opened to residents. It was lovely to have the home filled with guests including people who had contributed to the building of the home, all of whom enjoyed gourmet finger food and other light refreshments. Jenny Leaper (owner and Director) and Peter Duggan (Executive Properties and Jenny's brother) did the official unveiling of the plaque after some lovely speeches about the Forest Lodge journey.

Peter Duggan, Executive Properties, has announced his intention to retire at the end of this year. Peter has worked with TLC Aged Care for 18 years and has been responsible for the successful building of all 9 TLC homes. I would like to take this opportunity to thank Peter very much for all his hard work over the years and wish him all the best for his retirement.

It is with great pleasure that I welcome Wangui Muhuthia to TLC Aged Care as the new Manager - People and Performance. Wangui has come to us from Villa Maria and joined the Support Centre team at the end of August.

We look forward to working with her in the achievement of some exciting new goals.

Jacky Robinson has also been recently appointed to the role of Clinical Services Manager at Sunlight. Prior to her appointment, Jacky worked in an administration role at Sunlight and knows the residents and staff well. We wish her all the best in her new role.

We are delighted with the introduction of the Supper Club into our homes which you will have previously read about in the newsletter. The Belmont was the first home to introduce this fun, early evening activity whereby residents, family, friends and staff gather together for light refreshments and entertainment. It has been a great success which our other homes have adopted also. You can read more about it in this issue.

*Ingrid Williams*  
*Chief Executive Officer*



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# HOMESTEAD ESTATE

The Combined Newsletter Section for The Homestead & Homestead Lakes

## Go Cats

The 2009 AFL Grand Final was certainly a well fought battle between the Saints and Cats. The majority of residents and staff barracking for the Cats were very happy with the outcome.

Spring is well and truly upon us, cold mornings with beautiful sunny days. Our dams are full from the recent rains, which will assist to keep our grounds and gardens green over the summer months.

We held our first Supper Club at both homes on 15th October. Families and friends are most welcome to attend future Supper Clubs. Dates and times will be advertised.

Our Christmas parties/afternoon teas will be held at The Homestead on Thursday, 10th December and Homestead Lakes on Friday, 11th December commencing at 1.30 pm. Invitations will be sent out in November. Please return acceptances for catering.

Homestead Lakes is involved in a research program currently being conducted at Latrobe University. The aim of the project is the development and testing of a tool kit for the implementation and evaluation of person-centred, evidence based, and responses to need driven behaviours associated with dementia. Eighteen residents are involved in the research program. Five staff members have commenced training. They will in turn educate the staff in the person-centred approach.

Thank you to all our devoted and hard working staff at The Homestead and Homestead Lakes. You all do a fabulous job. It is much appreciated by management, residents and families. I am most grateful to TLC for giving me the opportunity and time to successfully complete the Aged Care Quality Assessment Course in September.

### *Improvements at The Homestead:*

- Installation of a fold away bench in the exercise room
- Installation of an adjustable basin in hairdressing salon
- New desks and furniture in main offices
- Central courtyard garden is to be upgraded

### *Improvements at Homestead Lakes:*

- New curtains for Suffolk
- Painting of landscape and beach scene murals on Suffolk exit doors
- Installation of a Wandering Alert system in Dorset

We all wish Peter Duggan, TLC Executive Properties, the best for his retirement on 31 December 2009. Peter's sense of humour and presence will be greatly missed. This will be especially so at The Homestead, where Peter spends most Fridays making us all laugh and bringing a smile to many faces.

*Fran Durham  
Clinical Services Manager*

We have a large number of clothing in lost property at both sites. To avoid clothing being lost or misplaced, it is essential that all items be named. TLC does provide a labelling service. Information re this service is available at reception in both facilities. If using the TLC labelling service, please leave all new articles of clothing with reception who will pass it to the laundry staff for labelling. Please check the lost property at both sites for any missing items. The lost property cupboards will be emptied at the end of November.

The annual testing and tagging of electrical equipment is due in November. We ask families to return the permission form as soon as possible.

# lifestyle@homesteadestate

## Christmas in July

### *Homestead Lakes Lifestyle Update*

The footy finals brought out the competitive nature in many of our Homestead Lakes' residents as they teamed up to play some footy games and tested their knowledge with a footy quiz. We had both St Kilda and Geelong supporters showing their eagerness and competitiveness as they had fun playing the team games. The Geelong team won but at the end of the day all were good sports.

A wonderful afternoon was experienced with the performance of the entertainment group, The Troubadours, singing a variety of old time classics.



*National Tree Planting Day*



### *The Homestead Lifestyle Update*

On 22 July, the residents sat down to a mid-year Christmas lunch. Thank you to the kitchen for all the trimmings that went with the roast turkey. We then worked off the lunch with our carpet bowls game and the brown team was victorious on the day.

On 21 August we celebrated yellow day for Daffodil Day and Australian Wattle Day (1st September). It was wonderful to see our entertainers Kevin and John dressed in yellow and also singing as many songs as they could think of that include the word yellow in them.



Living near Geelong we couldn't miss being caught up in the footy finals hype. All the staff dressed up in their favourite footy colours. Congratulations to Geelong on their fantastic win. Now the staff and residents can calm down and relax!

*Lifestyle Team  
Homestead Estate*





# THE BELMONT

## Bob reaches 100

A special welcome to our new residents and their families.

The 27th of August 2009 saw this amazing milestone being reached by one of our residents, Mr Bob Hose. The day started with Bob being taken out for lunch with this family. On returning to The Belmont he found the Sutcliffe lounge had been decorated and was filled with his family, residents and staff waiting to celebrate his birthday with him. Ingrid Williams, CEO of TLC Aged Care, came to wish Bob a happy birthday and Alistair Henderson entertained us on the keyboard. We even had the paparazzi here to take lots of photos for the local newspaper.

The Supper Club on the first Tuesday of each month has gone from strength to strength with everyone enjoying a good old fashioned sing-a-long with the help of Ben Costanzo and of course Alistair. The sausage sizzle is always popular with Stephen and Rylan trying not to burn too many! Our residents are really enjoying the new pool table which was purchased for them using the money raised from our raffles on the Supper Club night.

The theme at The Belmont is definitely blue and white, something to do with a footy game I believe!

During the footy season Irene Kent, one of our Lifestyle Assistants, has run the football tipping amongst the residents who have competed with some furiosity (if that's a real word). The final outcome was down to the last game which ended in a draw to win the tipping competition and two of our residents sharing the first prize.

Sarah Pope who is 103 and Joan Jolly who is 99 were presented with their shield and medals by ex Geelong footy player, Paul Couch.

This has been a very exciting few months for The Belmont with all the new residents and staff joining us and so much happening. There have been lots of changes and lots more things will be happening over the coming months. Thanks to all for the positive feedback. I welcome any ideas or suggestions for things to do, especially with Christmas just around the corner.

I would like to thank Alistair Henderson for his singing and keyboard playing at our activities and Supper Clubs. He is an inspiration to us all.... I just wish he would let me sing along too! Also a big thank you to our residents chairperson, Sharyn Johnston, who is involved in all activities and supports The Belmont in everything we do.

Remember to come along to the Supper Club on the first Tuesday of every month. Everyone is welcome and I do believe that Lil from the Support Centre might be persuaded to do an encore if we ask nicely. Sonny & Cher strike again!

Time to say goodbye for a while. I would like to thank all the staff at The Belmont who are working so hard to make The Belmont the BEST residential aged care facility in Geelong....no....Victoria....no.....Australia, and I have to say they are doing a fantastic job.

Thank you all.

*Claire Fry*  
*Clinical Services Manager*

# Party, party, party



The last few months have been busy with the residents enjoying our regular bus outings, exercises with kids from the local primary school, visits from the girls from Mathew Flinders, word games with Karen, art and craft with Tracey, pampering and nail care with Michelle, and a whole lot more fun activities. Our happy hour is always popular with different entertainers each week. We also have Delta Dogs, bowling and our very popular monthly afternoon teas with yummy scones, jam and cream.



The card making sessions with Tracey are thoroughly enjoyed by the residents and they will be selling them at our market day in November, the money going to the residents' fund for them to choose their next purchase!





# Happy 10th birthday

A special welcome to our new residents and family members. Marina recently celebrated its 10th birthday. It was done in true Marina style - good food, good champers, good company, and good speeches.



To kick off our lovely afternoon tea, resident Olive Clifton (102 years old) gave a wonderful welcome to everyone, followed by our mayor Peter Hemphill and then our very own Dr John Leaper. The honours of cutting the spectacular cake went to Mary Linquist and Gladys Rogers (two of our original residents).



Fishing anyone? Some of our men were certainly up for the challenge. The day at the trout farm proved to be a most enjoyable one, although we weren't entirely sure about the resident emu! Even I had a lesson from our



resident Gordon Jones. Unfortunately I didn't have any bragging rights (I caught the smallest fish of the day). Maybe fishing is best left to the men.



Sunday art classes have commenced and are proving to be very successful and a lot of fun. The residents' artwork will be exhibited at our family day on Saturday, 24th October, 12 Noon - 3.00 pm. Saturday cooking classes have been well received with many of our residents getting right into the thick of things and naturally everyone manages to eat the fruits of their labour. I am guessing that with no leftovers the proof really is in the pudding!

Congratulations to Veronica and Malcom McAuslan who celebrated their 65th wedding anniversary recently.

Our church services, hymn singing, concerts, happy hour, outings, shopping, quiz, reminiscence, McDonalds, rosary, bingo, cooking, Bunnings, craft and hand massage continue to be amongst the favourites of the residents.

We look forward to the rest of the year ahead and into next year where we hope to continue to bring to our residents a fun, meaningful lifestyle program. From our family to yours, we wish everyone a blessed, meaningful Christmas and a wonderful 2010.

*Lifestyle Team*





# THE NOBLE ESTATE

The Combined Newsletter Section for Noble Gardens & Noble Manor

## Full of life

Hello everyone and what a wonderful start to spring! With some recent rainfall feeding the garden beds, I know we are all looking forward to some sunny days ahead.

In recent months we have had some changes at Noble Estate positively affecting staff and residents. Many staff have had the opportunity to attend external seminars, myself included. Noble Manor and Noble Gardens Team Leaders attended the Aged Care Accreditation Agency Best Practice Seminar. This was a great day and ideas gained to implement at the homes and continuously improve our services.

The Lifestyle calendar at both homes has had a makeover following the wonderful suggestions and feedback received from residents. This was commenced in September and has improved the quality of life and social interaction, more so for those who were unable to attend group activities. Well done to Penny and the Lifestyle team.

There are plenty of community events happening in October, particularly marking Senior's Week and also the preparation for the Centennial celebration of Noble Park. Special programs at the home will be running and we are excited also for the upcoming Art Exhibition to be held at Noble Manor in November. We welcome submission of artwork from everyone. We would love to have a cross section of the Noble Estate family involved - residents, relatives, guests and staff.

The Supper Club has been a big hit thanks to Alistair Henderson (Business Development Manager) being the driving force to have a regular event after hours for both residents and relatives.

Thank you also to the Lifestyle staff and catering team at both Noble Gardens and Noble Manor for making the evenings really enjoyable with entertainment provided and delicious supper being served.



A big welcome to new residents and staff to Noble Estate. Congratulations to staff Team Members of the Month nominated.

A reminder to ensure all clothing is labelled with the iron on labels. They can be purchased through the lovely ladies at reception. Pen markers are not suitable for our laundering services and if you are unable to locate any items, please see reception who can arrange for you to view any unmarked items we may have.



Until next time, take care.

*Nancy Oosterhof*  
Clinical Services Manager

news@thenobleestate

# Tip toe through the tulips

## ***In House Festivals***

Residents have been having a grand time at both Noble Gardens and Noble Manor celebrating diverse days such as Daffodil Day, when many residents and staff looked just stunning in yellow, and the Chinese Moon Festival where the theme was silver.



## ***Carpet Bowls Tournament***

In a surprise result, Noble Manor won the Carpet Bowls Tournament against Noble Gardens. A striking trophy was presented to the team. Noble Gardens resident Claude Reay won best male player of the match while the best female player award went to Jess Hine of Noble Manor. Noble Gardens' players also won Certificates of Sporting Merit for their outstanding and gracious sportsmanship and sportswomanship. No-one seems to want the friendly competition to end. Practice sessions open to all will occur at both homes with teams being selected in February 2010 to compete in March. Happy bowling!

## ***Outings***

Residents have also enjoyed fantastic outings including to the gorgeous Tulip Festival, the Lavender Farm and Springvale Chinatown. Taking advantage of wonderful events as part of the Victorian Seniors Festival, our buses will be full of enthusiastic residents visiting the Police Band Concert, Crooners Around the World Show and more.

## ***Animal Farm and Craft Groups***

Noble Manor residents have enjoyed a visit from the Animal Farm and Noble Gardens residents were treated to this in early October. Of course we are preparing for the Melbourne Cup and Beryl Groves from Noble Gardens has kindly agreed to assist in craft groups where our lovely ladies can make their own fascinators.

## ***Supper Club***

The Supper Club has been warmly welcomed by residents at both homes and we cordially invite all family members to come to these fun, social and musical events. Noble Gardens is the fourth Wednesday of every month and Noble Manor's is on the third Wednesday, both between 6.00 pm and 8.00 pm. Come and join your loved ones for a most enjoyable evening. All the usual activities are going strong especially bingo. At Noble Gardens board games have become a big favourite with residents. For more information you can obtain a copy of "Noble Natter", the monthly Lifestyle newsletter of the Noble Estate.



*Penny Anderson  
Lifestyle Co-ordinator*



# HOMEWOOD

## Merry Christmas

Am I too early? How time has flown! Here we are heading (at a rapid pace) to Christmas yet again. Shops are starting to display all the decorations just to remind us that gifts need to be purchased. If you're thinking of a gift for your relative in Homewood and stuck for ideas, why not ask the staff? They will have a good idea of what items may be required or need replacing.

Homewood is very grateful to have received a beautiful pool table which has been set up at the end of Jarrah overlooking a vacant block with palm trees. Lifestyle staff are in the process of setting up tournaments with a perpetual trophy on offer. Family members are encouraged to have a game with their relative. Please be aware that the cues and balls are kept in the lifestyle office after 5.00 pm and can be accessed by activities personnel or the RN Div 1.

Mothers' Group has been a great joy and pleasure for both staff and residents. We have watched our new babies grow into gorgeous and bubbly toddlers - it seems like only yesterday our babies arrived and now they are so grown up they will be leaving our nest.

Homewood was blessed by our first Mothers' Group who presented us with a beautiful plaque with the names and photos of all our babies, this is now proudly on display at reception. Get ready because our next generation of new babies is due any day. I don't think there is a person in our facility that isn't anxiously waiting to meet and cuddle our new bundles of joy.

Welcome to our new PCW staff doing their placement here at Homewood. We hope that their time here will be pleasant and enjoyable.

Under the leadership of our current loyal and dedicated staff, I know they will gain valuable work skills/ethics.

Just a reminder that our Resident Support Group meeting is at 6.00 pm on Thursday, 26 November 2009.

Please have a safe and happy Christmas.

*Lisa Bonney*  
*Clinical Services Manager*

### Congratulations to the Team Members of the Month

All the staff at Homewood do a wonderful job looking after our residents. This group of staff were nominated by their peers as they felt they deserved recognition for various reasons.

#### June

- ♥ Mandy Addicoat
- ♥ Jackie Ward

#### July

- ♥ Jennie Kellow
- ♥ Sheree Van Oirschot

#### August

- ♥ Sharon Brownlaw
- ♥ Luke Williams

#### September

- ♥ Nicole Challancin
- ♥ Karen Sayer

# That's entertainment

Well isn't the time just flying past? It will be Christmas again before we know it.

We have once again been kept busy and have enjoyed some wonderful entertainment. We have enjoyed our regulars, The Merry Makers, everyone's favourite David Pearson and Alan Buckley, but in July we had a very special entertainer - his name is Mark Andrew and he entertained firstly as Dean Martin and then with a quick change he came out and entertained as Elvis Presley. He sang and moved just like Elvis and everyone enjoyed his singing as well as the greetings when he went around the crowd and shook hands with residents and family members who were in the audience. A fantastic afternoon was had by all and the residents talked about it for days afterwards (which is a very good sign they enjoyed it).



Here at Homewood we have also been lucky enough to commence the Supper Club. The Supper Club was the idea of Alistair Henderson. Alistair visits the facility one evening a month and provides entertainment along with another of our entertainers which is fantastic. The residents are invited along to enjoy a night of singing and dancing. A fantastic night is had by all and a lovely supper is provided by the kitchen which we thank them for once again. The Supper Club is another way to assist residents to socialise and have a bit of fun in the evening.

We have been enjoying some very nice bus trips. A lot of the time now we have residents and family members coming to us requesting specific trips when they see what is on the calendar or in the newsletter.



This is fantastic as we know we are visiting destinations that our residents want to go to. Whether it's Fountain Gate for coffee and donuts or ten pin bowling (which is always popular), or a trip to sit by a nearby lake to feed the ducks, or a special trip like the ones we have had recently to the Tyabb Packing House (antiques and old wares) along with a picnic lunch. It doesn't seem to matter where we go, our residents just like to be able to go out and enjoy the fresh air and the company of others on an outing.



We would also like to once again thank the kitchen for providing a picnic lunch for some of the bus trips and morning tea for others. The residents thoroughly enjoy having morning tea or lunch out.

Until next time, have fun and enjoy yourselves whatever you may do.

*Debbie Moss  
Lifestyle Co-ordinator*



# SUNLIGHT

## Spring has sprung

I have great pleasure in announcing my appointment as Clinical Services Manager at Sunlight. I have worked at Sunlight for the past four years and I am thrilled with the opportunity I have now been given. Thank you to all staff and residents for their continued support and positive attitude during this time of change. I am looking forward to the new challenges that lay ahead.

We have completed our accreditation and passed all 44 outcomes with a fantastic result of 100%. Thank you to our residents and family members who provided valuable and honest feedback to the accreditors. Thank you to our tremendous staff for their amazing work.

Nearly all staff have purchased and are now wearing the TLC uniform. They look terrific. I would like to welcome all new staff members to the Sunlight team and wish them well.

Our gardens, surrounding farmland and hills are a feast of spring colour and the warmer weather is just around the corner. It is just about time for BBQ weather.

Congratulations to Yvonne and the Lifestyle team on another fantastic Grand Final BBQ day. Residents and staff always thoroughly enjoy this. This annual event is getting bigger and better each year. Well done team!

We say goodbye to two staff members, Janine Mackie and Nicola Davis, and wish them both well for the safe arrival of their babies in the VERY near future.

I am pleased to announce the launch of the Supper Club. This fun event will be held on the second Thursday of each month between 6.00 pm and 8.00 pm. Please join us for live entertainment, supper and lots of fun.



*Jacky Robinson*  
*Clinical Services Manager*

### Congratulations to the winners of Team Member of the Month

#### June

♡ Rose Westwood

#### July

♡ Lori Sableberg

♡ Erin George

#### August

♡ Nicola Davis

♡ Amanda Bullard

♡ Connor Dow

♡ Michael Carrafa

#### September

♡ Kim Suttie

# Footy fever at Sunlight

What a quarter Sunlight residents have participated in !!

With the Queen's birthday in June came the arrival of Sunlight's very own Queen.



Busily she went about knighting and handing out awards to our residents for services rendered - services that Sunlight residents so richly deserved.

Bill the resident gardener who has planted his own "botanical garden" and assistant barman in happy hour, Phyllis our resident "organ player" for sing-a-longs, Val and Mona our "Op Shop" ladies, Alan the "cooking advisor/chef for the resident cooking sessions, Jack, Sunlight's "Editor in Chief", Beryl our resident "thank you" spokesperson, Jean and Betty who operate the "animal welfare department", John "the Assistant Mens' Group Facilitator", Gwyn/Val "Assistant Activity Housekeepers", Joan our resident "bird watcher", Adam, Sunlight's "mailman" and yearly facilitator of the very successful "footy tipping" competition, Lillian our "layman pastor", Mavis our religious instructor who is always willing to say a little prayer for someone, Cath the "scrapbook maker", and last but not least, we have been blessed with Gordon, another gardener. We can't wait to see his garden. I'm sure it will be as beautiful as his own (not as big though).

Lifestyle staff endeavour to refresh our residents with activities that are different putting that extra step in their stride and that twinkle back in their eyes.

Some activities have been visiting entertainers, line dancing, belly dancing demonstration that had staff and one resident giving it a go!



Our yearly secret auction was once again a great success, with residents eager to open the parcel they had bid on. I can assure you that no-one was disappointed. Outings to places of interest which included the very valuable hospital visit to cheer up co-residents, Maltest Culture Day, jewellery party with all the bling. A visit/talk and quiz from the royal botanical gardens, and celebrating special events such as Father's Day.



The pre Grand Final BBQ fundraiser fund day was a highlight with the announcement and presentation of the winner of "Adam's Cup" footy tipping competition. Everyone was waiting with anticipation for the winner of those \$\$\$\$\$. It's an honour to have one's name engraved on the three year old "Adam's Trophy". Congratulations to Noelene Curtain, the 2009 winner.

*Lifestyle Team*



# FOREST LODGE

## Officially declared open



*Mrs Jenny Leaper (Director) and Mr Peter Duggan (Executive Properties) officially opened Forest Lodge.*

It is hard to believe that I have been here almost three months during which time I have had the opportunity to meet some wonderful and dedicated core staff who wish to embrace the refreshed direction that we have embarked upon for our residents in this fantastic facility. This is supported and facilitated by the great support team from the Support Centre who are always available to assist. We are also supported well by our partners from the external service providers.

We are looking forward to welcoming various other festivities looming upon us and to continue to work towards achieving the set goals for the facility and the organisation.

I look forward to working very closely with my colleagues, our staff, the Support Centre, and the Executive team to bring about every success possible and recognition to all our homes.

*Kathy Devitt  
Clinical Services Manager*

Forest Lodge, the latest addition to the TLC family outfit was officially opened on Tuesday, 22 September 2009 by the founders of the organisation in the presence of 100 people, including residents, families, staff and dignitaries, in what could be described as a festive celebration of success and achievement in a competitive and challenging industry.

The facility has been operating now for over 12 months and steadily growing in resident numbers as well as in staffing levels to meet the constant changing needs and profiles of our residents. It is reassuring to know that Forest Lodge's reputation as part of the TLC group is growing in the local community with increased interest in admissions and indeed in employment.



*Dr John Leaper (Chairman), Ingrid Williams (CEO), Mrs Jenny Leaper (Director), & Peter Duggan (Executive Properties) at the official opening.*

# Racing Carnival

## ***Pavlova Art Group***

The afternoon was filled with fun and chaos as our residents got down and messy with Lynne from Bunnings creating some very unique pieces of Pavlova Art. I am always genuinely amazed at the originality of each resident when they are asked to represent their ideas in an art form. Millie created a beautiful piece she said was called her mind's eye. Other residents were happily and creatively engaged. The concept of Pavlova Art is simple. Its tactile and visual using motor skills and of course is a lot of fun. Our art pieces are to be mounted on a larger board and will be on display in the various wings in which they were created. I'd like to take this opportunity to thank Bunnings for all their generous donations and discounts, and of course to Lynne for her time.

## ***Scenic Drives***

We have spent some considerable time on the road in the last few months (when the weather was co-operating). Residents have been travelling along the Nepean Highway, along our beautiful Peninsula coastline. The views at Oliver's Hill, the Mornington Pier and the Hastings Marina are a wonderful opportunity for all our travellers to reminisce about their memories of lazy days in the sun with families and friends.



## ***Community News***

Forest Lodge has been very fortunate to go into partnership with the local Mahogany Community House. Mahogany House offers our residents a wonderful array of group activities to attend, including afternoon melodies, womens' groups. They also offer Sunday



entertainment for those who like to play in instrument to come and "jam" with other like-minded people from our local community. Mahogany House is also offering our residents the opportunity to use their computer room to learn how to navigate the internet and to send emails to family and friends.

## ***Carrum Downs Visitors***

We were happy to receive residents from Carrum Downs Aged Care for a visit recently. We spent a fun filled afternoon playing a card game called Hoy, which includes the winner called out "Hoy" when they win. It was a new game for our visitors but they were soon playing like seasoned veterans. When it was time to go, our visitors extended an invitation for us to go and join them for an afternoon. We of course gladly accepted. Our intended visit is to be in the second week of November.

## ***Cup Eve Ball***

We are pleased to announce our Cup Eve Ball. We will be holding our Ball on 2 November 2009. We will of course be holding our Forest Lodge races with our horses of choice available for residents to back. It will be a night of glitz and glamour with everyone expected to dress in their finest. We have been lucky to book a fantastic local band. A local ballroom dancing group will also attend to assist those who might want to have a spin around the dance floor. We look forward to updating you in the next newsletter.

*Bianca, Helen, Simon, B1 & B2*

## The Supper Club - a #1 hit with TLC

Forget about having to 'sing for your supper'. TLC Aged Care is providing supper at The Supper Club each month and the singing and entertainment is a wonderful bonus!

Possibly one of the first residential aged care groups to offer an evening activity like this, TLC Aged Care recently launched The Supper Club at The Belmont in Geelong, Homewood in Hallam, Noble Manor and Noble Gardens in Noble Park, Sunlight in Whittlesea, and The Homestead Estate in Wallington. Plans are in place to continue the roll out across all of TLC Aged Care's homes.

While too many aged care residents might have 'turned in' early, TLC Aged Care residents, their families, friends and aged care staff are getting together and enjoying supper, refreshments and live music and other performances each month.

Held between 6 - 8 pm on a monthly basis, The Supper Club is proving to be a big hit, with enjoyable atmosphere lasting well into the weeks ahead.



*Dr John Leaper & Peter Duggan enjoying The Belmont Supper Club with residents & staff*

The Belmont resident John Wilson thinks The Supper Club is a winner. "There should be more of them" he said. We have a sing-a-long, a drink, even a dance. I really look forward to them. We hear the announcement over the PA system that The Supper Club is about to get underway so we get ready to enjoy a great night's entertainment with each other" he said. "Alistair plays the pinao and sings and Ben plays the piano accordion and sings too. He's a great tenor," said John.

For details of the next Supper Club, please contact your home directly.

### Contact Details - TLC Aged Care Homes

		Phone:
<b>The Homestead</b>	22 Homestead Avenue, Wallington, Victoria, 3221	5250 1188
<b>Homestead Lakes</b>	33 Homestead Avenue, Wallington, Victoria, 3221	5250 5347
<b>The Belmont</b>	235 High Street, Belmont, Victoria, 3216	5243 9342
<b>Marina RAC</b>	385 Blackshaws Road, Altona North, Victoria, 3025	9318 9944
<b>Noble Gardens RAC</b>	55 Thomas Street, Noble Park, Victoria, 3174	9548 5177
<b>Noble Manor RAC</b>	33 Frank Street, Noble Park, Victoria, 3174	9558 4611
<b>Homewood</b>	8 Young Road, Hallam, Victoria, 3803	8795 7825
<b>Sunlight RAC</b>	43 Laurel Street, Whittlesea, Victoria, 3757	9716 3801
<b>Forest Lodge</b>	23 Forest Drive, Frankston North Vic 3200	9773 5888

QUESTIONS? COMMENTS? FEEDBACK?

TELL US WHAT YOU THINK OF OUR NEWSLETTER! WE WELCOME ALL FEEDBACK.  
DIRECT ANY RESPONSES TO: [media@tlcpl.com.au](mailto:media@tlcpl.com.au)

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